Finding Access PPO and Options Federal network doctors

Access PPO and Options Federal offer you the freedom to choose any licensed provider for your care. However, you’ll pay less for care when you choose from among the more than 1 million providers nationwide who are in-network preferred providers. Here are the 3 provider directories you can use:

1. For Washington providers go to kp.org/wa/directory

In Washington state, you have more than 50,000 providers to choose from, including most major hospitals and medical groups. Whether you’re looking for a personal physician, a specialist, an urgent care center, or an alternative care provider, you’ll generally find what you need.

Filters in this directory allow you to expand or shrink the geographic range of your search results. You can also filter by gender, specialty, language, and more.

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If you don’t find the location or in-network providers you want at kp.org/wa/directory, you have access to 2 additional provider networks we contract with.

2. First Choice Health Network
For Washington, Oregon, Idaho, Montana, and Alaska, go to fchn.com
To find a provider:
- Fill in the Find a Provider fields for location, specialty, and name (if you have one), then hit search.
- A pop-up will ask you to select “Entire First Choice Health PPO Network,” “Employer/Group ID,” or “Employer/Group/Trust Name.” Select “Entire First Choice Health PPO Network.” Then view your results.

3. First Health Network
For all other states, go to myfirsthealth.com
Outside the Pacific Northwest, you have the First Health national network. This network is extensive with 5,000 hospitals and over 1 million health professionals.
- To find providers, click “Start Now,” select the type of provider you’re looking for, and decide whether you want to search by ZIP code or state. Fill out the appropriate fields related to location.
- Click on “Search now” to view your results.

Looking for a pharmacy?
You’ll find hundreds of in-network pharmacies at kp.org/wa/directory.
You also have access to the OptumRx national pharmacy network.
For a list of the OptumRx pharmacies in Washington, go to kp.org/wa/optumrx-wa.

Member Services can help
You can always call Member Services for assistance in finding a provider or pharmacy in your network. Call Monday through Friday, 8 a.m. to 5 p.m. (Pacific time).
1-888-901-4636 or 206-630-4636
711 (TTY deaf or hard of hearing)