



Kaiser Foundation Health Plan of Washington

# Designation of Individuals Involved in Care

DATE		
MEMBER / PATIENT NAME		
MEDICAL RECORD NUMBER		
DOB (MM/DD/YYYY)	PHONE NO.: ( )	
ADDRESS STREET OR BOX NUMBER:		
CITY:	STATE:	ZIP+4:

You have the right to identify individuals other than your health care providers who are involved in your care (family, friends, or others). We may verbally release your medical information to an individual you have identified as involved in your medical care. We may also give information to someone who helps pay for your care. Kaiser Permanente will only share your health information with the individuals you designate, except as required or permitted by law. You may add or change this list at any time.

**I designate the following people as involved in my care and authorize Kaiser Permanente to verbally disclose the information I've specified to these individuals:**

NAME:	RELATIONSHIP:	PHONE NO.:
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### 1. Type of information to be shared or disclosed:

- ALL information (including psychiatric consults and mental illness, developmental disabilities, genetic testing, HIV/AIDS and test results, sexually transmitted infection, and/or reproductive care if applicable) **excluding** substance abuse disorder
- Health Plan information (billing, benefits, authorizations) including updating demographics and other information
- Specific information listed here: \_\_\_\_\_

### 2. I permit Kaiser Permanente to leave detailed phone messages about my medical and health plan information with the following:

- Voicemail
- Person answering

### 3. These designations will remain in effect until \_\_\_\_\_ (add expiration date), or until revoked by me in writing. If signed by a minor, this form will automatically expire when the minor reaches the age of 18 years old. (Washington Confidential Communication Request forms may override this form.)

**X** \_\_\_\_\_  
If signed by a personal representative of the patient, please complete the following \_\_\_\_\_ Date \_\_\_\_\_

**Personal Representative's Name:** \_\_\_\_\_  
Relationship to Patient:  Parent  Legal Guardian\*  Holder of a Medical Power of Attorney\*  
\*Please attach Legal Documentation if you are the Legal Guardian or Holder of Power of Attorney