



A Virtual Workshop on Living with Grief Through the Holidays



Wednesday, November 11th
1:00pm-2:30pm

This program offers:

- Bereavement professionals presenting on the topics of self-care and the benefits of rituals.
- A panel of community members who will share their experience, strength, and healing through the grieving process.
- Resource information related to grief and loss.

To register: Send name and email address to:

KPWA.BereavementService@kp.org

