

Your child is 9 months old!

It's time for their check-up. Your care team at Kaiser Permanente looks forward to seeing your child for their well visit. At this visit, we will cover many important topics to support your child's growth, development, wellness, and safety, and we'll give your child any needed vaccines.

Please take a moment to complete the following questions so we can provide the best care for your child.

Do you have specific concerns? Check all that apply, then briefly describe your concern:	
<input type="checkbox"/> Well Visit <input type="checkbox"/> Belly button <input type="checkbox"/> Breathing <input type="checkbox"/> Constipation <input type="checkbox"/> Cough <input type="checkbox"/> Development <input type="checkbox"/> Diaper Rash <input type="checkbox"/> Eye discharge <input type="checkbox"/> Feeding <input type="checkbox"/> Fever <input type="checkbox"/> Fussiness/crying <input type="checkbox"/> Genitals <input type="checkbox"/> Growth/nutrition <input type="checkbox"/> Head shape <input type="checkbox"/> Nasal congestion <input type="checkbox"/> Rash <input type="checkbox"/> Stool change <input type="checkbox"/> Vaccines <input type="checkbox"/> Vomiting <input type="checkbox"/> Other (please explain): _____ Briefly describe your concern: _____	
Health Changes	
Has your child received any specialty or emergency care since the last visit? If Yes, please describe: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Has your child or anyone in the family developed a new health condition or died? Include parents, brothers, sisters, grandparents, aunts, uncles or cousins. If Yes, please describe: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Nutrition, Feeding and Supplements – Tell us about what your child eats.	
My child eats (check all that apply): <input type="checkbox"/> Breastmilk <input type="checkbox"/> Formula <input type="checkbox"/> Cow's milk <input type="checkbox"/> Solid food, like purees or soft finger foods	
My child drinks something other than milk/formula or water in their bottle: If yes, what else do they drink in the bottle? _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
My child eats iron-rich foods, like pureed meat, beans, iron-fortified cereal:	<input type="checkbox"/> Yes <input type="checkbox"/> No
My child receives daily Vitamin D:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Please list any other vitamins, supplements, or over-the-counter medicines you give your child: _____	
Dental Health	
Do you clean your child's teeth every day?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A (no teeth)
Does your water source have fluoride?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I don't know
Infant Behavior and Development: For each of the following, think about the past few weeks. If the statement is usually or sometimes true, answer Yes, and if rarely or never true, answer No.	
My child:	
Responds to their name:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Babbles with repeated sounds, like ba-ba, da-da, ga-ga:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Repeats sounds that I make:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sits steadily for several minutes without support:	<input type="checkbox"/> Yes <input type="checkbox"/> No

Pulls up to stand while holding onto something (fingers, furniture):	<input type="checkbox"/> Yes <input type="checkbox"/> No
Picks up small objects between their thumb and pointer finger:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Vision	
My child's eyes track together and almost never cross:	<input type="checkbox"/> Yes <input type="checkbox"/> No
My child's eyes are the same color (both eyes and within each eye):	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sleep	
My child:	
Sleeps in a (choose all that apply): <input type="checkbox"/> Crib or bassinet <input type="checkbox"/> Shared bed <input type="checkbox"/> Other product - please describe: _____	
Has a nap schedule and sleep routine:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is usually easy to put to sleep:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sleeps for long stretches at night:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Safety	
My child rides in a rear-facing car seat in the back seat of the car for every car ride:	<input type="checkbox"/> Yes <input type="checkbox"/> No
We have gates across stairs and safety guards on windows:	<input type="checkbox"/> Yes <input type="checkbox"/> No
We have cleaning supplies, medicines, and matches locked away:	<input type="checkbox"/> Yes <input type="checkbox"/> No
My child is always watched closely when they are in or around water (bathtubs, pools, ponds, buckets):	<input type="checkbox"/> Yes <input type="checkbox"/> No
Our water heater is set at 120 degrees or lower:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Family Health and Well Being: We know that all families sometimes face challenges that can impact everyone, including children. Please answer the following questions so we can best support your family.	
Do you have concerns for low mood, depression, or anxiety in yourself or your partner?	<input type="checkbox"/> Yes <input type="checkbox"/> No
What is your plan for childcare? <input type="checkbox"/> Home with parent <input type="checkbox"/> Family member <input type="checkbox"/> Nanny or Sitter <input type="checkbox"/> Childcare center	
Do you need assistance finding affordable and safe childcare?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is there anyone who lives in your home or cares for your child who:	
– Smokes or vapes tobacco or marijuana:	<input type="checkbox"/> Yes <input type="checkbox"/> No
– Uses prescription pain medication:	<input type="checkbox"/> Yes <input type="checkbox"/> No
– Uses other drugs:	<input type="checkbox"/> Yes <input type="checkbox"/> No
– Consumes alcohol more than an occasional drink (a beer or glass of wine at night):	<input type="checkbox"/> Yes <input type="checkbox"/> No
Within the past 12 months, have you:	
– Run out of food or been worried your food would run out before there was money to buy more?	<input type="checkbox"/> Yes <input type="checkbox"/> No
– Worried about housing or had to move?	<input type="checkbox"/> Yes <input type="checkbox"/> No
– Had difficulty getting other supplies and services you need to care for your child? Examples would be crib, car seat, diapers, heating, hot water, electricity, and transportation.	<input type="checkbox"/> Yes <input type="checkbox"/> No