Firefighter
Occupational Health Services

The unique physical demands and conditions of firefighting require meeting specific health and safety standards. Our expertise in injury care, prevention, and safety services for firefighters can help reduce your risk exposure and keep your firefighters safe and productive.

Whether you need work-related injury care, employment exams, medical screenings, drug and alcohol testing, or prevention services, our Occupational Health Services program is staffed by specially trained providers and board-certified occupational medicine physicians, offering services tailored to meet the specific needs of your business.

Our medical examinations are based on guidelines from the National Fire Protection Association (NFPA), Occupational Safety and Health Administration (OSHA), and Washington Administrative Code (WAC). We provide OSHA–mandated exams for hazardous materials (HAZMAT) responders. In addition, we offer new hire, periodic, and volunteer exams.

Our focus on quality care and thorough communication helps your new employees get started quickly and helps your existing, valued employees get back to work safely, quickly, and more cost effectively. We do our best so your employees and your business can be at their best.

**Firefighter services**

- Physical examinations
- Respiratory questionnaire/clearance program
- Audiometry
- Spirometry
- Immunizations and antibody screenings
- Medical chemistry (lab) tests
- Asbestos exposure monitoring
- Heavy metal screenings

Additional testing services provided based upon request, exposure, or physician recommendation.

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**Not a Group Health member? Not a problem.**

Your employees don’t have to be Group Health members to receive these services. Call us to find out more about how we can customize our services to meet your job-related needs.

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All of our providers are part of the Washington State Department of Labor & Industries’ Medical Provider Network.
Occupational Health locations

Western Washington

1. Bellevue Medical Center
   11511 N.E. 10th St., Bellevue, WA 98004
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE 24 hours, 7 days a week

2. Burien Medical Center
   140 S.W. 146th St., Burien, WA 98166
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE See Capitol Hill

3. Capitol Hill Campus, Seattle
   201 16th Ave. E., Seattle, WA 98112
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE 24 hours, 7 days a week

4. Everett Medical Center
   2930 Maple St., Everett, WA 98201
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE 4:30 p.m.–8 p.m. M–F
   9 a.m.–3:30 p.m. Sat
   9 a.m.–12:30 p.m. Sun

5. Federal Way Medical Center
   301 S. 320th St., Federal Way, WA 98003
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE Tacoma Medical Center
   209 Martin Luther King Jr. Way
   24 hours, 7 days a week

6. Lynnwood Medical Center
   20200 54th Ave. W., Lynnwood, WA 98036
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE See Everett

7. Northgate Medical Center
   9800 4th Ave. N.E., Seattle, WA 98115
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE See Capitol Hill

8. Olympia Medical Center
   700 Lilly Road N.E., Olympia, WA 98506
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE 8 a.m.–11 p.m. M–F
   9 a.m.–5 p.m. Sat–Sun

9. Renton Medical Center
   275 Bronson Way N.E., Renton, WA 98056
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE See Bellevue

10. Silverdale Medical Center
   10452 Silverdale Way N.W., Silverdale, WA 98383
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE 3 p.m.–10 p.m. M–F
   11 a.m.–7 p.m. Sat–Sun

11. Tacoma South Medical Center
   9505 S. Steele St., Tacoma, WA 98444
   APPOINTMENTS 866-967-9675
   REGULAR HOURS 8 a.m.–5 p.m. M–F
   URGENT CARE Tacoma Medical Center
   209 Martin Luther King Jr. Way
   24 hours, 7 days a week

Eastern Washington

12. Riverfront Medical Center
    322 W. North River Drive, Spokane, WA 99201
    APPOINTMENTS 509-324-6464
    REGULAR HOURS 8 a.m.–5 p.m. M–F
    URGENT CARE 1 p.m.–9 p.m. M–F,
    9 a.m.–9 p.m. Sat–Sun