

Learn about vision and dental coverage

Covered eye care

All our medical plans cover adult vision exams at a copay, coinsurance, or deductible payment depending on your plan. Glasses and contact lenses for adults aren't covered. But for members 18 and younger, vision exams and glasses or contact lenses are covered at no cost.* Visit kp.org/wa/eyecare for Kaiser Permanente Eye Care locations in Washington. Or check our directory at kp.org/wa/directory.

Adding dental coverage

Oral health is an important part of your overall well-being. When you choose a Kaiser Permanente medical plan, you can also add dental coverage – for yourself, your children, or your entire family. Our dental plans give you the freedom to see any dentist, but you'll usually pay less when you see a Delta Dental participating dentist.

Choosing your dentist

You can choose a dentist from the Delta Dental PPO Plus Premier™ network. To find a participating dentist in your area, visit deltadentalwa.com. Delta Dental network dentists provide treatments at discounted rates and file all claim paperwork for you. Delta Dental will pay their portion, and you're only responsible for your stated deductibles, coinsurance, or amounts in excess of the plan maximums. In most cases, you will experience the greatest out-of-pocket savings if you choose a Delta Dental PPO dentist.

If you choose a nonparticipating (out-of-network) dentist, you'll be responsible for having the dentist complete your claim forms and ensuring that the claims are submitted to Delta Dental of Washington. You will be responsible for any balance

remaining after Delta Dental pays. Unlike participating dentists, Delta Dental has no control over nonparticipating dentists' charges or billing procedures.

For more information or to find a participating provider, visit deltadentalwa.com or call Delta Dental of Washington at **1-800-554-1907**.

Choosing your plan

You can choose from 2 kinds of dental plans.

Adult/family plan

The optional adult/family plan includes dental coverage for everyone covered on the medical plan.

- This plan is available for adults or families who buy their medical plan directly from Kaiser Permanente.
- Adults or families who buy their medical plan through Washington Healthplanfinder can also buy their family dental plan there.

Pediatric-only plan

The pediatric-only plan offers dental coverage for those 18 and younger only. The state of Washington requires you to have pediatric dental coverage as part of your medical plan.

- This plan is available if you buy your medical plan directly from Kaiser Permanente.
- If you sign up for a pediatric dental plan with another company, complete an Attestation of Pediatric Dental Coverage form and send it to us along with proof of dental coverage within 60 days of the start date of your medical plan.
- If we do not receive it within 60 days, we may end your medical coverage.

All dental plans offered and underwritten by Delta Dental of Washington.

*Vision hardware must be prescribed and purchased at a Kaiser Permanente Eye Care location or participating network provider.

Summary of benefits

	Adult/family plan				Pediatric-only plan	
	Pediatric (18 and younger)		Adult (19 and older)		Only for those 18 and younger	
	Delta Dental participating dentist*	Non-participating dentist	Delta Dental participating dentist*	Non-participating dentist	Delta Dental participating dentist*	Non-participating dentist
Annual maximum	Unlimited		\$1,250 \$1,000 annual TMJ maximum \$5,000 lifetime TMJ maximum		Unlimited	
Annual deductible Waived on diagnostic and preventive benefits	\$85 / child		\$50 / adult		\$85 / child	
Out-of-pocket maximum	\$350 / child \$700 / family [†]	Not applicable	Not applicable		\$350 / child \$700 / family [†]	Not applicable
Diagnostic and preventive Exams, prophylaxis, fluoride, X-rays, sealants	100%	100%	100%	100%	100%	100%
Restorative Restorations (includes posterior composites), endodontics, periodontics, oral surgery	30%	30%	50%	50%	30%	30%
Major Crowns, dentures, partials, bridges, implants, and TMJ treatment for adults 19 and older	50%	50%	50%	50%	50%	50%
Orthodontia** (medically necessary) Coinsurance Lifetime maximum	50% Unlimited		Not covered		50% Unlimited	

Rates	Adult/family plan	Pediatric-only plan	
Individual only	\$51.15	This plan bills only for the first three 18 and younger	
Individual + spouse	\$102.30	1 Individual (<19)	\$47.64
Individual + child(ren)	\$113.75	2 Individuals (<19)	\$95.27
Individual + family	\$180.88	3 Individuals (<19)	\$142.91

TMJ = temporomandibular joint

*Includes dental providers in the Delta Dental PPO Plus Premier™ network

**Requires preauthorization

[†]For families with two or more children

This is a brief summary of benefits and is not a contract. For complete plan information, please refer to your Delta Dental of Washington benefits booklet. Kaiser Permanente refers to Kaiser Foundation Health Plan of Washington. All dental plans offered and underwritten by Delta Dental of Washington.